



LANSING SEXTON HIGH SCHOOL

WINTER SPORTS

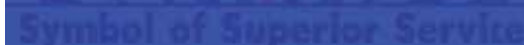
2011/2012



Celebrating 60 Years of Excellence



BASKETBALL
WRESTLING
CHEERLEADING



WRESTLING



FRONT ROW, LEFT TO RIGHT: Jerel Conty, Toureh Reh, Yamih Torre, Shelby Duke, Stephanie Peters, Labrawn Wade and Zach Roll.

MIDDLE ROW, LEFT TO RIGHT:
Jemelle Peebles, Donaï Richard, Anthony Budd, Ladale Jackson, Dejaun Williams, Brandon Guzman, Jerrod Wade and Tyler Stone.

BACK ROW, LEFT TO RIGHT:
John Norton, Jemelle Hopkins, Evan Gelina, Dkwon Guerrero, Kyle Duke, Gregory Davenport and Sam Wilson.

Sexton wrestlers work to rebuild proud wrestling program

With its anchor down, Lansing Sexton's wrestling program working to sail again.

"We're in a down spot, but we're working hard to try to build things back up and get this ship moving again," said Lansing Sexton wrestling coach, Chris Henderson.

With four-five freshmen in the lineup, this year will be a work in progress.

"We will have a few good seniors to lead the way," explained Henderson. "We're going to need a commitment to the team from everyone which will mean attending all practices, conditioning and picking up routines, patterns and fundamentals."

The senior leadership will come from captain Kyle Duke (189), Greg Davenport (135), Jarrod Wade (152) and Dkwon Guerrero (215).

These seniors wrestled in the Lansing Kids Club which also serves as a feeder program.

Freshmen who will step in and make contributions are DeJuan Williams (130) and Mario Moreno (171).

Sophomores Zac Bell (112) and Brandon Dugman (HWT) should also help out.

"Our off-season work habits varied from good to great." With a teachable attitude and a strong work ethic, Henderson believes the ship can survive the choppy times.

VARSITY BOYS BASKETBALL



Varsity Boys Basketball

Name	Number
Denzel Valentine	32
Anthony Clemmons	9
Bryn Forbes	4
Jeff Cain	3
Kyren Kemp	24
Kofi Hobson	21
Devon Hayes	44
Jalen Hayes	50
Anthony Goodman	20
Reggie Davis	33
Trevor Manuel	23
David Washington	10

Members of the Lansing Sexton varsity boys basketball team are Denzel Valentine, Anthony Clemmons, Bryn Forbes, Jeff Cain, Kyren Kemp, Kofi Hobson, Devon Hayes, Jalen Hayes, Anthony Goodman, Reggie Davis, Trevor Manuel and David Washington.

Talented Big Reds a likely choice to repeat success of 2010-11

What does a coach ask of his defending Class B state champion basketball team.

If you are Sexton boys basketball coach Carlton Valentine you ask the Big Reds players to stay humble, respect the game, respect your opponent, work hard in practice and in school and be a good person in pursuit of everyday life.

Wow! One gets the impression, Valentine is talking about more than just basketball.

"Of course, let us be reminded these are kids we're talking about. They forget. A coach needs to remind them," Valentine said.

What the coach doesn't need reminding of is that he has more talent on his roster than arguably any school in the state in any class.

There is 6-6 guard Denzel Valentine who is Michigan State bound; Anthony Clemons (6-1) who is headed off for Iowa and Bryan Forbes, a 6-3 guard who is signed with Cleveland State.

"You can have talented players but without chemistry you have nothing," Valentine warns. "To pick up where they left off they will need to get along, share with each other and help one another out."

While Sexton's style will be the same, there will be some new faces including 6-8 freshman forward Trevor Manuel and senior transfer (Grand Rapid Forest Hills Northern) David Washington.

So how does this Sexton team top last year's championship season?

It doesn't.

"That was last year.. 51 years in the making. These boys are creating their own team. Each



group is different. The dynamic changes," Valentine explains.

Sexton will play in the Capital Area Activities Conference's Blue Division where it (Class B) is grouped with all Class A schools.

"It's a tough league," Sexton's coach concludes. One it will have to conquer to get to where this Sexton club wants to be.

GIRLS VARSITY BASKETBALL



FRONT ROW, LEFT TO RIGHT:

Andrea Koenigsknecht, Chastity Brown, Keliyah Davis, Asia Jones and Lawanda Jennings

BACK ROW, LEFT TO RIGHT:

Sophia Morrell, Amana Glass, Charlotte Edwards, Danette Stewart, Cornesha Gund, and Kierra Hughey.

Sexton girls work to improve win total in 2011-12

Wins for the Lansing Sexton girls basketball program were at a minimum in 2010-11.

Behind the senior leadership and play of senior guards, Sophia Morrell and Cornesha Gund, the Big Reds will look to build and make improvements on their 1-20 season a year ago.

“We have a total of six seniors returning from a year ago,” said Sexton girls basketball coach Joe Wojda. “The girls work hard and play hard, but we’re not really skilled.”

Sexton will attempt to use its quickness to get out and run and try to get easy, quick baskets off their presses and quick traps.

“Ideally, we want to create turnovers,” Wojda said. “We will also need our best players, Morrell and Gund to score 12-15 points a game.”

The Big Reds’ struggles over the last five years have extended beyond offense and defense. Keeping a full roster of players to finish a season may be the most perplexing challenge.

“Last year we couldn’t run some drills because of roster numbers. We’ve got to find a way to keep the girls’ interest while improving our play and developing our skills,” said Wojda. “Girls basketball in the suburbs is thriving. Here, we struggle with interest and keeping the girls involved.”

The result has been a dwindling youth program.

“The good players are now leaving inner city schools and going different places. Twenty years ago there was loyalty and girls couldn’t wait to play for Sexton, Eastern and Everitt,” explains Wojda. “Now, it’s who’s best and where do I go to fit in.”

The goal in 2011-12 is to win more games and return the girls basketball interest back to the urban areas and not necessarily in that order.

Varsity Girls Basketball

Name	Number
Asia Jones	3
Charlotte Edwards	10
Amana Glass	15
Andrea Koenigsknecht	20
Lawanda Jennings	22
Sophia Morrell	23
Keliah Davis	24
Chastity Brown	30
Cornesha Gund	32
Kierra Hughey	33
Danette Stewart	35





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