















Support Student-Athletes!

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WRESTLING



FRONT ROW, LEFT TO RIGHT:

Bryan Witte, Shuku Rani Nyabenda, Juaquin Sanchez, Luis Labut, Charles James, Aaron David and Antonia Garcia.

MIDDLE ROW, LEFT TO RIGHT:

Assistant Coach Tony Gladstone, Elijah Dennis, Jake Keenan, Joshua Gillespie, Autumn Rux, Ryan Tranthan, Diego Molina, Chris O'Rielly, manager Kimberly Nguyen, and coach Adam Fedewa.

BACK ROW, LEFT TO RIGHT:

Trever Keenan, Guibensen Saint Jean, Khalil Perkins, Travid Stouffer, Jeffrey Mills, Yansel Lopez, Isiah Salazar, Tyler St. John, Jonathan Sarmiento, and assistant coach Tom Kostrzewski.

WINTER SCHEDULE

DATE	OPPONENT	SITE	TIME
JAN. 4	LANSING EVERETT	AWAY	6:00
JAN. 7	EATON RAPIDS		
	INVITATIONAL (V)	HOME	8AM
JAN. 11	GRAND LEDGE	HOME	6:00
JAN.14	EATON RAPIDS GREYHOUND		
	TOURNAMENT (JV)	HOME	8AM
JAN.18	JACKSON	AWAY	6:00
JAN.21	WILLIAMSTON	HOME	8:30
JAN.25	OKEMOS	HOME	6:00
JAN.28	LESLIE INVITATIONAL (V)	HOME	9AM
	CHARLOTTE INVITATIONAL (JV)	HOME	10AM
JAN.30	OWOSSO	AWAY	6:00
FEB.1	LANSING SEXTON	AWAY	6:00
FEB.4	LEAGUE MEET	HOME	TBA
+HOME	SITE IS DON JOHNSON F.H.		

Conditioning fuels Quakers strong wrestling start

The wrestling team at Lansing Eastern represents four different continents, carries an Academic All-State 3.5 grade point average and is one of the early season surprises in the Capital Area Activities Conference Blue Division.

The Quakers opened a few eyes with a conference opening win over perennial league wrestling power Holt and with a third-place finish at the Don Johnson Wrestling Invitational.

"You win in December on conditioning and that has been huge for us against Holt and with our fast start," said Lansing East wrestling coach Adam Fedewa.

Fedewa's Quakers are a junior-laden club whose fast start is matched only by its ability to quickly pick up what the coach is teaching.

Cont. on page 11 see Wrestling

VARSITY BOYS BASKETBALL



WINTER SCHEDULE

		_	
DATE	OPPONENT	SITE	TIME
DEC.9	HOLT	AWAY	7:30
DEC.13	WILLIAMSTON	AWAY	7:30
DEC.16	EAST LANSING	HOME	7:30
JAN. 3	WAVERLY	AWAY	7:00
JAN. 6	LANSING EVERETT	AWAY	7:30
JAN. 13	GRAND LEDGE	HOME	7:30
JAN. 20	JACKSON	AWAY	8:00
JAN. 24	OKEMOS	HOME	7:30
JAN. 27	LANSING SEXTON	AWAY	7:30
FEB. 3	HOLT	HOME	7:30
FEB. 7	EAST LANSING	AWAY	7:30
FEB. 10	LANSING EVERETT	HOME	7:30
FEB. 14	GRAND LEDGE	AWAY	7:30
FEB. 17	JACKSON	HOME	8:00
FEB. 21	OKEMOS	AWAY	7:30
FEB. 24	LANSING SEXTON	HOME	7:30

AWAY 7:30

FRONT ROW, LEFT TO RIGHT:

Phoenix Washington and Darryl Thompson.

MIDDLE ROW, LEFT TO RIGHT:

Charles Fulcher, Tyson Thomas, Eric Steele, Brian Morton Jr., Tyshyn Mildton, Santiago Mendez, and Charles Tucker Jr.

BACK ROW, LEFT TO RIGHT:

Coach Ron Bank, Amari George, Dar-Relle Welch, Josh Crim, Shawn Sparks, Fredrick Edmond, Coach Rod Watts and Coach Tommy Benson.

Not pictured is Anthony Campbell Jr.

OWOSSO

MAR.1

Good and scary may land the Quakers in the Breslin Center

It's fitting that Lansing Eastern, one of the Capital Area Activities Conferences "scary good" boys basketball teams, has the the "Boo Man" playing for it.

Frederick "Boo Man" Edmond, the Quaker senior wing/guard averages 25 points a game and still scares opponents with his dunks.

"Out guard play is our strength. They are interchangeable. Most of our guards can go to the post, grab double-figure rebounds and run the point and the wing," said Lansing Eastern boys basketball coach Rod Watts.

Lansing Eastern finished second a year ago to Okemos and East Lansing in the Blue Division. It's run in the state tournament ended with a regional final loss to Kalamazoo Central.

This year the Quaker's sights are set on reaching the Breslin Center.

"These guys have one more year under their belt, they are hungry, They understand the sense of urgency. It's a group that is doing it together, for they understand the importance to give of one self for the team," Watts explained.

While the Quakers have many who can play the point position, Watts believes Cha Cha Tucker stands out as one of the best in the state.

Playing on the floor with him at any one time will be senior Amari George (averaging 20 points per game), the team's top defender Brian Morton, and senior Darryl Thompson.

'We can have have a different leading scorer every night. These guys share the ball well," Watts said.

Snatching rebounds and putting a body on people for the Quakers is 6-5 center Anthony Campbell.

So who's the favorite to win arguably the best basketball conference in the state?

"If you're asking me? My favorite team is us," Watts reveals. "These guys have chemistry. They share the ball well which is supported by the all their assists and they all chip in and give their all."

Varsity Boys Basketball Grade Height Number Name Brian Morton Jr. Jr. 6'2 Tyshyn Mildton Sr. 6'1 3 6'4 Amari George Sr. Phoenix Washington 5'6 10 Charles Tucker Jr. 6'0 15 **Tyson Thomas** Jr. 6'0 20 5'11 Charles Fulcher Jr. 22 Shawn Sparks Jr. 6'4 24 Darryl Thompson 5'10 Sr. 25 Fredrick Edmond Sr. 6'4 32 Eric Steele Sr. 6'2 33 Santiago Mendez Jr. 6'0 34 6'5 Anthony Campbell Jr. Sr. 42 Josh Crim Jr. 6'7 55 Dar-Relle Welch 6'6

GIRLS VÁRSITY BASKETBALL



WINTER SCHEDULE

DATE	OPPONENT	SITE	TIME
NOV.29	CHARLOTTE	HOME	7:30
DEC.2	LANSING CATHOLIC	AWAY	7:30
DEC.6	OWOSSO	AWAY	7:30
DEC. 9	HOLT	AWAY	6:00
DEC.13	WILLIAMSTON	HOME	7:30
DEC.16	EAST LANSING	HOME	6:00
JAN. 3	WAVERLY	HOME	7:30
JAN. 6	LANSING EVERETT	AWAY	6:00
JAN. 13	GRAND LEDGE	HOME	6:00
JAN. 17	MASON	HOME	7:30
JAN. 20	JACKSON	AWAY	6:00
JAN.24	OKEMOS	AWAY	7:30
JAN. 27	LANSING SEXTON	AWAY	6:00
FEB. 3	HOLT	HOME	6:00
FEB. 7	EAST LANSING	AWAY	6:00
FEB.10	LANSING EVERETT	HOME	6:00
FEB.14	GRAND LEDGE	AWAY	6:00
FEB. 17	JACKSON	HOME	6:00
FEB. 21	OKEMOS	HOME	7:30
FEB. 24	LANSING SEXTON	HOME	6:00

FRONT ROW, LEFT TO RIGHT:

Precious Melton and Deju Hawkins.

MIDDLE ROW, LEFT TO RIGHT:

Kaylay Carter, Chelsea Haron, Sharice Hobbs, Kasider Rainge and Aliyan Owen.

BACK ROW, LEFT TO RIGHT:

Keyonna Todd, Coach Diana Mendez, Coach Antonio Burtley, Coach Rachael Turner, Coach Ramona Mendez and J'La Garrett-Bates.

GIRLS JV BASKETBALL



FRONT ROW, LEFT TO RIGHT: Oriel Bonds and Kayla Knapp.

MIDDLE ROW, LEFT TO RIGHT: Mya Young and

Mya Young and Ky'shana Donald.

BACK ROW, LEFT TO RIGHT:

Christina Nickson, Samantha Teremi, Coach Diana Mendez, Kimia Holmes, and Aize Fisher.

Varsity Girls Basketball

Number Grade Name 3 Kasidee Rainger 11 5 J'La Garrett-Bates 10 10 Precious Melton 10 14 Keyonna Todd 9 20 Aliyah Owens 11 23 Chelsea Hardin 9 24 Kalay Carter 9 40 **Shanice Hobbs** 11

JV Girls Basketball

Number	Name Gra	ıde
10	Shanelle Jackson	11
12	Samantha Teremi	10
14	Kimia Holmes	10
21	Mya Young	9
22	Alize Fisher	9
23	Ky'shana Donald	10
24	Oriel Bonds	10
32	Christina Nickson	9
42	Kayla Knapp	10
52	Janay Johnson	11

BOYS JV BASKETBALL

FRONT ROW, LEFT TO RIGHT:

Keyshod Miller, E.J. Jackson, Najeem Naseer, and Kevontia Miles.

BACK ROW. LEFT TO RIGHT:

Tyrome Maxwell II, Freddy Pettway, Coach T.J. Hawkins, Jordan Taylor, and Emilano Gonzalez.

Not pictured are Tameron Williams-Baker, Lamond Hunter, Domanik Donley, and Dontre Garrett.



JV Boys Baskatball

Number	Name	Grade	Height
1	EJ Jackson	9	5'7"
2	Kevontia Myles	10	5'8"
3	Tameron Williams-Baker	10	6'2"
5	Najeem Naseer	10	5'8"
10	Lamond Hunter	9	5'8"
11	Domanik Donley	11	6'3"
12	Dontre Garrett	9	6'0"
15	Keyshod Miller	10	5'7"
20	Emilano Gonzalez	10	6'3"
23	Jordan Taylor	11	5'10"
24	Tyrome Maxwell II	10	6'2"
25	Freddy Pettway	10	5'9"

BOYS FRESHMAN BASKETBALL

FRONT ROW, **LEFT TO RIGHT:**

Perry Black, Carmello Ordonez, and Cameron Corcoran.

MIDDLE ROW, **LEFT TO RIGHT:**

Larry McClinton, Sirabahenda Odifaxi, Gavin Hoskins, Anthony Allen, and DeQuandre Mack.

BACK ROW, LEFT TO RIGHT:

Davon'tae Madden, Earl Goss, Coach Calvin Beard, Coach Michael Peers, Chris Dabney and Joshua Alston.



Freshman Boys Baskelball

Number	Name	Grade	Height
3	Sirabahenda Odifaxi	9	5'8"
4	Perry Black	9	5'7"
5	DeQuandre Mack	9	5'9"
10	Gavin Hoskins	9	5'5"
12	Earl Goss	9	6'0"
14	Larry McClinton	9	5'9"
20	Anthony Allen	9	5'9"
22	Ramelo Ordonez	9	5'5"
24	Joshua Alston	9	6'0"
30	Chris Dabney	9	6'0"
32	Davon'tae Madden	9	6'0"
34	Cameron Corcoran	9	5'7"



CHEERLEADING



▼ FRONT ROW, LEFT TO RIGHT:

Marquetta Davis, Shelby Clementin, Mackenzie Reed, Talia Thomas, Sasha Bottine

BACK ROW, LEFT TO RIGHT:

Kiana Sims, Meredith Stead, Lorin Cumberbatch, Amon Brown

► FRONT ROW, LEFT TO RIGHT:

Breeanna Davis, Shelby Stafford, Kyanna Beckler, Lindsey DuChene

BACK ROW, LEFT TO RIGHT:

Destiney Greer, Amina Lewis, Rachel South, Mariah Crenshaw



BOYS SWIMMING



DATE	OPPONENT	SITE	TIME	DATE	OPPONENT	SITE	TIME
DEC.7	WAVERLY RELAY	S AWAY	4:00	JAN.19	OWOSSO	HOME	6:00
DEC.10	FLINT VECHICLE			JAN.21	HASLETT INVITE	AWAY	8:30AM
	CITY RELAYS	AWAY	12:00	JAN. 26	MASON	AWAY	6:00
DEC.13	HOLT	AWAY	6:00	FEB. 2	WILLIAMSTON	HOME	6:00
DEC.15	IONIA	AWAY	6:00	FEB. 4	DEWITT RELAYS	AWAY	11AM
JAN.5	CORUNNA	AWAY	6:00	FEB.9	WAVERLY	AWAY	6:00
JAN.10	EAST LANSING	HOME	6:00	FEB.24-25	CAAC MEET	AWAY	8:00/2:00
JAN.12	EATON RAPIDS	HOME	6:00				

Wrestling Cont. from page 3

"We also have a number of kids with some God-given athletic ability," Fedewa adds. "This group has come into its own big time and that is exciting."

Lansing Eastern is led by state qualifier Elijah Dennis (160).

Aaron David, 125, also qualified for the state tourney a year ago. Luis Labaut fell one match short of qualifying for the state tournament at 103 pounds last year. He's wrestling at 112 in 2011-12.

Autumn Rox, wrestling at 152, won the Women's Cadet Nationals in Fargo in lead-up to the season.

Juaquin Sanchez finished second wrestling at 130 pounds in the Johnson tourney.

There are six Quaker wrestlers who entered the season with a 4.0 grade point average. They are Sanchez, Rox, Charles Janes (119), Jerek Crim (171), Jon Sarmiento (171) and Jeffrey Mills (215).

The remaining weight classes are filled by Diego Molina (135), Khalil Perkins (140), Guibenson St. Jean, Haiti, (152) and Travis Stouffer (HWT).

Lansing Eastern has not won a league title since 1998.





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